



## **BMX FREESTYLE PARK**

This discipline is truly breathtaking. The riders use as much of the park as possible to create astonishing aerial tricks and innovative lines. Riders are judged on the difficulty, quality and range of their runs. Thanks to the riders' continually developing and pushing the boundaries of their sport, BMX Freestyle Park has recently been recognized as an Olympic Sport and will make its debut in the 2020 Tokyo Olympics.

## **ROLLER FREESTYLE PARK**

The Roller Freestyle Park is designed for athletes to achieve maximum speed and air. In this discipline, originality, style and flair are what really counts. Whatever the obstacle Roller riders combine high speeds with awesome tricks resulting in competitions you cannot take your eyes off. Since its beginnings, Roller Freestyle Culture has been shaped by balancing big sessions on the park with street culture.

## **BMX FLATLAND**

Performed on a flat surface with no equipment other than a bike, BMX Flatland is the most artistic, aesthetic and creative form of the sport. Athletes combine skills, balance, and creativity to perform a kind of dance with the bike, more than just a contest they create a show. The event has quickly become a firm crowd favourite and is expanding in popularity around the world thanks to the dedication of the riders pushing the sport.

## **SKATEBOARD STREET**

Skateboarding, initially just a simple way of getting about, boomed in the 1980s to become the force it is today. Its influence has spread into the very heart of popular culture. Riders are judged on the technicality, originality and versatility of their lines. The continual growth and popularity of the sport has led to it being recognised by the Olympics. Competitions held on Street Park and Bowl will be included in the Tokyo 2020 Olympics.

## **PARKOUR**

No equipment is required for Parkour the athlete's crucial tool is their own body. Parkour is all about getting from one point to another by respecting one key principle: efficiency. Whether it is a Speed Run or Freestyle competition, performers express themselves by combining fluidity and creativity. Coming straight from the street, this discipline initially popularised by cinema a few ago, is now blossoming in popular culture.

## **WAKEBOARD**

Wakeboarding was introduced in the early '80s and is often described as a cross between Waterski and Snowboard. Athletes stand locked onto their wakeboards and are pulled around a circuit. They can use ramps, walls and rails to achieve maximum air and perform tricks. Each run is judged according to the height and difficulty of the tricks. It's a thrilling and exhilarating sport that is growing in popularity every year.