

PARKS & DISCIPLINES

Hiroshima opens the tour with an action packed schedule of sports. Spectators can enjoy watching the World Cups of UCI BMX Freestyle Park and Flatland, WS Roller Freestyle and FIG Parkour, as well as the IFSC Bouldering International Series, WDSF World Open Series – Breaking and the FISE World Series Skateboard Street contest.

FREESTYLE PARK

The Freestyle Park is huge, covering an area of around 1500m2 and made up of ramps and obstacles built from wood and iron. All of the ramps are oversized which allows the pros to create their very best tricks, while still maintaining lines for amateurs to enjoy as well.

UCI BMX FREESTYLE PARK WORLD CUP

This discipline is truly breathtaking. The riders use as much of the park as possible to create astonishing aerial tricks and innovative lines. Riders are judged on the difficulty, quality and range of their runs. Thanks to the riders' continually developing and pushing the boundaries of their sport, BMX Freestyle Park has recently been recognized as an Olympic Sport and will make its debut in the 2020 Tokyo Olympics.

WS ROLLER FREESTYLE PARK WORLD CUP

The Roller Freestyle Park is designed for athletes to achieve maximum speed and air. In this discipline, originality, style and flair are what really counts. Whatever the obstacle Roller riders combine high speeds with awesome tricks resulting in competitions you cannot take your eyes off. Since its beginnings, Roller Freestyle Culture has been shaped by balancing big sessions on the park with street culture.

FLATLAND AREA

Always located at the heart of every event, the FISE Flatland Area looks like a theatre scene with riders taking center stage. Spectators can get up close and personal with the riders as they perform their runs, which creates a passionate and soulful atmosphere.

UCI BMX FREESTYLE FLATLAND WORLD CUP

Performed on a flat surface with no equipment other than a bike, BMX Flatland is the most artistic, aesthetic and creative form of the sport. Athletes combine skills, balance, and creativity to perform a kind of dance with the bike, more than just a contest they



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create a show. The event has quickly become a firm crowd favourite and is expanding in popularity around the world thanks to the dedication of the riders pushing the sport.

WDSF WORLD OPEN SERIES - BREAKING

Originated by young people in the Bronx in the 70's, Breaking pairs body movements and music. Originality, rhythm and technical skill are the key ingredients needed to be a breaker. Dancers aim to be as creative as possible. Breaking mainly consists of four kinds of movement: Toprock, Downrock, Power Moves, and Freezes which dancers use to express themselves and impress and entertain the crowd around them.

STREET PARK

The Street Park is made up of benches, ramps, stairs, quarter pipes and boxes creating a diverse space suited to all riding styles. The park provides an authentic street experience for riders to create runs like those they thrive on in cites.

FISE WORLD SERIES SKATEBOARD STREET

Skateboarding, initially just a simple way of getting about, boomed in the 1980s to become the force it is today. Its influence has spread into the very heart of popular culture. Riders are judged on the technicality, originality and versatility of their lines. The continual growth and popularity of the sport has led to it being recognised by the Olympics. Competitions held on Street Park and Bowl will be included in the Tokyo 2020 Olympics.

PARKOUR AREA

This area consists of obstacles designed to mirror the concrete buildings, walls and roads found in all urban areas. Usually made of wood or iron, a number of blocks cover the course. The floor is covered by special linoleum to avoid slipping while running.

FIG PARKOUR WORLD CUP

No equipment is required for Parkour the athlete's crucial tool is their own body. Parkour is all about getting from one point to another by respecting one key principle: efficiency. Whether it is a Speed Run or Freestyle competition, performers express themselves by combining fluidity and creativity. Coming straight from the street, this discipline initially popularised by cinema a few ago, is now blossoming in popular culture.



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BOULDER WALL

The Bouldering Wall is designed to replicate the rocks which are used by climbers when practicing outdoors. The structure is made of plywood planks which are covered by strategically placed grips for climbers to place their hands and feet. Walls are always sized under 5 meters to keep it safe.

IFSC BOULDERING INTERNATIONAL SERIES

Bouldering is the most explosive and spectacular climbing discipline. Athletes have to scale walls with only a mat for safety. Using their power, coordination, and adaptability, athletes have to climb as fast as possible. Competitive intensity is increased when the contest is run in a dual format meaning climbers race the course side by side. Recently added to the Tokyo 2020 Olympic Games programme, this fresh discipline is rapidly growing in popularity.