



Sports areas & disciplines

FREESTYLE PARK 1 PRESENTED BY MONTPELLIER

FISE Freestyle Park covers an area of 1500m² and is made up of iron and wood structures. These are oversized to meet the needs of the pros while maintaining the various lines for amateurs to enjoy as well.

UCI BMX FREESTYLE PARK WORLD CUP

One of the most exciting FISE disciplines, BMX Freestyle Park is characterised by aerial tricks made possible by the shape of the structures and speed of the riders. While the technicality of the tricks is very important to the scoring, other criteria such as the use of the whole Park and the originality of the chosen lines are also key components of the scoring system. The sport makes its Olympic debut at the Tokyo 2020 Olympics.

FREESTYLE PARK 2 OCCITANIE REGION

Freestyle Park 2 layout contains structures which are situated much closer together and are better suited to gaining speed on small-sized wheels. The dimensions of the park mean its much easier for riders to cover the whole area and optimise their energy for big tricks.

WS ROLLER FREESTYLE PARK WORLD CUP

Roller Freestyle Park athletes are able to achieve maximum speed during their runs, which enables them to string together impressive aerial tricks and slick grinds . Each run is judged on the individuality of the riders run as well as their technical skills and range. Since the sport's launch, its followers have been committed to preserving its essence and promoting its lifestyle.

SCOOTER FREESTYLE PARK

Scooter Freestyle is one of the newest action sports. Across the world, an increasing number of people are riding scooters on the streets and in parks. Despite being a relatively new sport, riders are already pushing it to new heights. For the most part, tricks are inspired by BMX as the handlebars and two wheels are often similar in both sports. Nonetheless, riders do occasionally take inspiration from Skateboard!



French riders to follow

STREET PARK

Benches, ramps and steps complete the boxes and quarter pipes to create a versatile and diverse Street area. The aim is to create a space that replicates urban architecture, so that riders can create the kind of lines they thrive on in their own cities.

SKATEBOARD STREET SNIPES

Initially a simple way to get about, Skateboard expanded in the '80s to become the popular sport it is today. The influence of its way of life emanates across all cultural fields, and the sport continues to expand thanks to its inclusion in the Tokyo 2020 Olympics. Riders create runs where tricks and commitment count as much as versatility of their lines.

BMX STREET MONTPELLIER

Benches, quarter pipes, rails and other step structures make up the BMX Street area to replicate downtown cityscapes. Judging criteria favour individual expression of style, particularly the launch of new tricks which are enjoyed by a knowledgeable audience receptive to the intricacies of each run.

FLATLAND AREA

Always located so it can be seen by as many spectators as possible, the FISE Flatland area looks like a theatre stage. It offers optimal views for spectators who can get up close to where the riders perform.

UCI BMX FLATLAND WORLD CUP CRÉDIT AGRICOLE LANGUEDOC

The simplicity of a flat surface and the creativity provided by 20-inch bikes make BMX Flatland the most artistic urban sports discipline. Riders combine skill, balance and creativity to perform a kind of dance with their bike; the subtlety of each trick and overall aesthetics of the run always count in the scoring. Placed at the heart of each Festival, this competition has quickly become a staple of FISE.



French riders to follow

BREAKING

Breaking – a dance style that combines body movements and music – originated in the Bronx during the '70s. A harmony of rhythm and gesture-based activity, judged on technical movements, forms the basis of this urban discipline. Dancers express themselves in their own unique style through four main types of movement: Toprock, Downrock, Power Moves and Freezes.

PARKOUR AREA

The Parkour zone is dotted with blocks, walls and bars that seek to replicate the various obstacles found in an urban environment. Athletes are tasked with using a range of physical techniques to cross them.

FIG PARKOUR WORLD CUP

The urban discipline of Parkour has been popularised partly thanks to the cinema. It is all about getting from one point to another with the utmost efficiency of movement. In Speed Run, athletes must cross obstacles as quickly as possible to get to the finish line. In Freestyle, they express their style and creativity as they cross the obstacles.

WATER PARK NICOLLIN

The Wake Park consists of a cable mechanism with a rope and handle attached. Riders are pulled over water around a course consisting of ramps, rails and walls which are used to perform tricks. Wakeboarding isn't for the faint-hearted as riders are pulled on boards at up to 30kmh.



French riders to follow

WAKEBOARD

Wakeboard was introduced in the early '80s and is often described as a cross between Waterski and Snowboard. Athletes attach their feet to the board and use it in both directions to facilitate the sequence of tricks which are judged according to difficulty and the height at which they are made. These can be launched on the modules arranged close to the line of the water ski lift, or by using only the momentum given by the latter.

RADAR SPINE RAMP PRESENTED BY MONTPELLIER

The Spine Ramp consists of two ramps with a central double ridge, forming a W. This enables athletes to create aerial tricks while providing the very best view for spectators.

BMX SPINE RAMP / SKATEBOARD SPINE RAMP/ SCOOTER SPINE RAMP / ROLLER SPINE RAMP

Whatever the discipline, Spine Ramp is all about putting on a show. Performing to the crowd gathered around, riders use each side of the ramp and the central ridge to accomplish their runs. Although the tricks differ in BMX Freestyle, Skateboard, Scooter Freestyle Scooter and Roller Freestyle, the versatility of the ramp structure benefits each sport.

DIRT TRAIL ODE À LA MER

Built exclusively from earth, the Dirt Trail sets out a series of humps from start to finish. The height varies between 1 and 5 metres depending on where they are placed, and they're set out so riders can maintain their speed.

BMX DIRT

Whether on a "homemade" track at the bottom of the garden or on one specially created for international competition, BMX DIRT harks back to the discipline's authentic values. The judges may consider the runs of each rider according to their range and successful tricks, but it's style and the impression left on the audience that take precedence over pure technicality.